DOUGLAS COUNTY SCHOOL SYSTEM ~ RELEASE / EMERGENCY MEDICAL FORM PLEASE READ CAREFULLY

EMERGENCY MEDICAL AUTHORIZATION

Student: _____ Home Phone: ____ Address: ____

Mother's Name:	Bus. Phone:	Father's Name:	Bus. Phone:
Family Physician:	Phone:	Dentist:	Phone:
Insurance Company:		Policy #	Group #
WHOM CAN WE CO FOR THIS STUDEN		RDIAN CAN BE REACH	HED TO ASSUME RESPONSIBILITY
Name:		Phone:	
cooperate in helping establish a proper steps will be taken. A pa the following standards: (1) fa enrollment, school records, or in prescription drugs, or of contra unsportsmanlike conduct; (5) fa	that atmosphere by adhering to al articipant may be suspended from p alsification of physician's signature interscholastic activity forms; (2) us colled substances; (3) theft or des ailure to follow rules as set for indivi	I school rules and regulat participating in interscholar participating in interscholar parent or guardian's sign of, possession of, or disstruction to property of a dual activities by coaches.	
with the doctor's permission to p	rent's or guardian's signed permissi participate. The participant is requi ducation, and the Georgia High Sch	red to abide by the rules a	tic participation requires a physical examination and regulations of the State Board of Education,
even with the best coaching, use	e of the most advanced protective e	equipment, and strict obser	inherent in all activities. We acknowledge that rvance of rules, injuries to our son/daughter are can be so severe as to result in total disability,
Douglas County School System	to testing for the presence of drugs . We further understand that refusa	al to take the test, failure to	n of participation in privileged activities in the property for the test, or if the test establishes a porth by the drug testing policy (JCDAB-R (1).
many activities off campus. Tra transportation operated by empl my child, I hereby release and travel while at school both for m	ansportation for my child to these of loyees or agents of the School System discharge any and all claims and of any self and my minor child. It is the	off campus activities may tem. In consideration of the causes of action of any king express intent of this relea	Douglas County School System, will travel to be school buses, private vehicles, or alternate heir performing this valuable service for me and nd or nature which may arise out of my child's ase to forever hold the Douglas County School as a result of travel while he or she is in the
coverage for my son/daughter.	glas County School System does n The Douglas County School Syste y interscholastic activity.	m will not assume liability	and it is my responsibility to provide insurance for injuries incurred by my son/daughter during
A parent/guardian may elect to e School System. If you choose to	enroll the participant in a supplemer o purchase coverage through this p	ntal school insurance program, contact the school prin	ram which is authorized by the Douglas County ncipal or head coach for additional information.
Authorization: In case of an emergency or accimmediate medical or surgical a transportation of the student to physician to treat said condition	ident during any school activity involutention, I authorize the school to tate a hospital or medical center and unless I am present and request of	olving my child, which in that ake such emergency action authorizing medical treatrotherwise. I assume the re	ne opinion of school authorities present requires as may be deemed necessary, including the ment. I hereby grant permission, also to said esponsibility for any medical expenses incurred a held responsible for any medical expenses.
Permission to Participate: I have carefully read and unders Permission is granted to my son	stand each of the above section and n/daughter to practice and complete	I will comply with these pol in interscholastic activities	licies or statement.
Parent/ Guardian Signature	Date://	Student Signature	Date://
	Mo. Day Year		Mo. Day Year

PREPARTICIPATION PHYSICAL EVALUATION

HISTORY FORM

(Note: This form is to be filled out by the patient and parent prior to seeing the physician. The physician should keen this form in the chart)

ame			Date of birth					
ex Age Grade Scl			Sport(s)					
Medicines and Allergies: Please list all of the prescription and ove	r-the-co	ounter n	nedicines and supplements (herbal and nutritional) that you are currently	y taking				
Do you have any allergies? □ Yes □ No If yes, please ide □ Medicines □ Pollens	entify sp	ecific a	llergy below. □ Food □ Stinging Insects					
plain "Yes" answers below. Circle questions you don't know the a	swers	to.						
ENERAL QUESTIONS	Yes	No	MEDICAL QUESTIONS	Yes	N			
Has a doctor ever denied or restricted your participation in sports for any reason?			26. Do you cough, wheeze, or have difficulty breathing during or after exercise?					
2. Do you have any ongoing medical conditions? If so, please identify			27. Have you ever used an inhaler or taken asthma medicine?		T			
below: ☐ Asthma ☐ Anemia ☐ Diabetes ☐ Infections Other:			28. Is there anyone in your family who has asthma?					
3. Have you ever spent the night in the hospital?			29. Were you born without or are you missing a kidney, an eye, a testicle (males), your spleen, or any other organ?					
4. Have you ever had surgery?			30. Do you have groin pain or a painful bulge or hernia in the groin area?					
EART HEALTH QUESTIONS ABOUT YOU	Yes	No	31. Have you had infectious mononucleosis (mono) within the last month?					
5. Have you ever passed out or nearly passed out DURING or			32. Do you have any rashes, pressure sores, or other skin problems?		1			
AFTER exercise?			33. Have you had a herpes or MRSA skin infection?					
6. Have you ever had discomfort, pain, tightness, or pressure in your chest during exercise?			34. Have you ever had a head injury or concussion?					
7. Does your heart ever race or skip beats (irregular beats) during exercise?			35. Have you ever had a hit or blow to the head that caused confusion,					
3. Has a doctor ever told you that you have any heart problems? If so,			prolonged headache, or memory problems? 36. Do you have a history of seizure disorder?		-			
check all that apply: High blood pressure			37. Do you have headaches with exercise?					
☐ High cholesterol ☐ A heart infection ☐ Kawasaki disease Other:			38. Have you ever had numbness, tingling, or weakness in your arms or legs after being hit or falling?					
Has a doctor ever ordered a test for your heart? (For example, ECG/EKG, echocardiogram)			39. Have you ever been unable to move your arms or legs after being hit or falling?					
D. Do you get lightheaded or feel more short of breath than expected			40. Have you ever become ill while exercising in the heat?					
during exercise?			41. Do you get frequent muscle cramps when exercising?					
Have you ever had an unexplained seizure?			42. Do you or someone in your family have sickle cell trait or disease?					
2. Do you get more tired or short of breath more quickly than your friends during exercise?			43. Have you had any problems with your eyes or vision?					
EART HEALTH QUESTIONS ABOUT YOUR FAMILY	Yes	No	44. Have you had any eye injuries?					
3. Has any family member or relative died of heart problems or had an			45. Do you wear glasses or contact lenses? 46. Do you wear protective eyewear, such as goggles or a face shield?		_			
unexpected or unexplained sudden death before age 50 (including drowning, unexplained car accident, or sudden infant death syndrome)?			47. Do you worry about your weight?					
Does anyone in your family have hypertrophic cardiomyopathy, Marfan			48. Are you trying to or has anyone recommended that you gain or					
syndrome, arrhythmogenic right ventricular cardiomyopathy, long QT syndrome, short QT syndrome, Brugada syndrome, or catecholamineroic			lose weight?					
polymorphic ventricular tachycardia?			49. Are you on a special diet or do you avoid certain types of foods?					
Does anyone in your family have a heart problem, pacemaker, or			50. Have you ever had an eating disorder? 51. Do you have any concerns that you would like to discuss with a doctor?					
implanted defibrillator? . Has anyone in your family had unexplained fainting, unexplained			FEMALES ONLY					
seizures, or near drowning?			52. Have you ever had a menstrual period?					
ONE AND JOINT QUESTIONS	Yes	No	53. How old were you when you had your first menstrual period?		-			
'. Have you ever had an injury to a bone, muscle, ligament, or tendon that caused you to miss a practice or a game?			54. How many periods have you had in the last 12 months?					
Have you ever had any broken or fractured bones or dislocated joints?	-		Explain "yes" answers here					
Have you ever had an injury that required x-rays, MRI, CT scan, injections, therapy, a brace, a cast, or crutches?					-			
Have you ever had a stress fracture?								
. Have you ever been told that you have or have you had an x-ray for neck instability or atlantoaxial instability? (Down syndrome or dwarfism)								
2. Do you regularly use a brace, orthotics, or other assistive device?								
b. Do you have a bone, muscle, or joint injury that bothers you?								
. Do any of your joints become painful, swollen, feel warm, or look red?								
. Do you have any history of juvenile arthritis or connective tissue disease?								

PREPARTICIPATION PHYSICAL EVALUATION

THE ATHLETE WITH SPECIAL NEEDS: SUPPLEMENTAL HISTORY FORM

Date of Exa	m						
Name					Date of birth		
Sex	Age _		Grade	School	Sport(s)		
1. Type of	disability						
2. Date of	disability						
3. Classific	ation (if availa	able)					
4. Cause o	f disability (bi	rth, disease, acci	dent/trauma, ot	ther)			
		e interested in pla					
						Yes	No
6. Do you i	egularly use a	a brace, assistive	device, or pros	sthetic?		201100000000000000000000000000000000000	
7. Do you t	use any specia	al brace or assist	tive device for s	ports?			,
8. Do you h	nave any rash	es, pressure sore	es, or any other	skin problems?			
9. Do you h	nave a hearing	g loss? Do you us	se a hearing aid	1?			
	nave a visual i						
		al devices for bov		unction?			
		or discomfort wh	en urinating?				
		nic dysreflexia?					
			heat-related (hy	yperthermia) or cold-related (hypothern	nia) illness?		
	nave muscle s						
Explain "yes"			nnot be controll	ed by medication?			
Please indica	ite if vou hav	e ever had any	of the followin	0.			
		e ever nau any	or the followin	y.		Yes	No
Atlantoaxial i			44				
		oaxial instability					
Dislocated jo Easy bleedin		an one)					
Enlarged spl							
Hepatitis	0011						
	or osteoporosi	s					
	trolling bowe						
Difficulty cor	trolling bladd	er					
Numbness o	r tingling in a	rms or hands					
Numbness o	r tingling in le	gs or feet					
	arms or hand	ls					
Weakness in							
Recent chan							
Spina bifida	ge in ability to	walk					
Latex allergy	,			·	VA. 800 100 100 100 100 100 100 100 100 100		
Latex allergy							
Explain "yes'	' answers he	re					

-							
·							
				swers to the above questions are co	ess #5. A title day titlet deprised the action of charact		
aignature of ath	iere			Signature of parent/guardian		Date	

PREPARTICIPATION PHYSICAL EVALUATION PHYSICAL EXAMINATION FORM

PHYSICIAN REMINDERS

Signature of physician _

	er additional qui ou feel stressed											
	ou ever feel sad											
• Do y	ou feel safe at y	our home or	residen	ce?								
Have	you ever tried	cigarettes, cl	hewing t	obacco,	snuff, or dip?)						
	ng the past 30 c ou drink alcohol				bacco, snuff,	or dip?						
					ov other perfo	rmance supplemen	ıt?					
 Have 	you ever taken	any suppler	ments to	help yo	u gain or lose	weight or improve	your perfori	mance?				
 Do yo 	ou wear a seat l	belt, use a he	elmet, an	nd use o	ondoms?							
2. Conside	er reviewing que	estions on ca	ardiovasc	cular syr	nptoms (ques	tions 5–14).						
EXAMINA	ATION											
Height			W	leight			☐ Male	□ Fe	emale		AND DESCRIPTION OF THE PROPERTY OF THE PROPERT	nor unus memberinguice.
ВР	1	(1)	Pulse		Vision	B 20/		L 20/	Corrected	Y D N
MEDICAL							Appendix and	Technical Co.	NORMAL	Talkan kanala	ABNORMAL FINDIN	
Appearan	ice										ADMONIMAL I INDIN	100
	n stigmata (kypl oan > height, hy					cavatum, arachnod: /)	actyly,					
	nose/throat											
PupilsHearin												
Lymph no	odes											
Heart a Murmu	urs (auscultation	n standing, si	upine, +/	/- Valsa	lva)							
 Location 	on of point of m	aximal impul	lse (PMI)									
Pulses • Simult:	aneous femoral	and radial n	ulses									
Lungs	anoda fornora	ana radiai p	41000									
Abdomen							***************************************	†				
Genitourin	nary (males only	() ^b	-									
Skin	25 10											
	sions suggestiv	e of MRSA, t	tinea cor	poris								
Neurologi												
200100000000000000000000000000000000000	OSKELETAL											
Neck												
Back Shoulder/s	orm							-				
Elbow/fore												
Wrist/han								-				
Hip/thigh	or migoro						***************************************	<u> </u>			The state of the s	
Knee					***************************************			<u> </u>				
Leg/ankle												
Foot/toes												
Functiona		¥27.1000										
	walk, single leg											
Consider EC	G, echocardiogran exam if in private	n, and referral t	to cardiolo	ogy for at	onormal cardiac	history or exam.						
Consider cog	gnitive evaluation	or baseline neu	uropsychia	atric testi	ng if a history of	r significant concussion	n.					
	I for all sports w											
☐ Cleared	l for all sports w	ithout restric	ction with	h recom	mendations f	or further evaluatio	n or treatme	ent for .			***************************************	***************************************
——— Not clea												
□ NOU CIE												
	☐ Pending		ation									
	☐ For any s	ports										
	□ For certa	in sports										
	Reason											
Recommen	dations											

l have exa	mined the abo	ve-named s	tudent a	and con	pleted the p	reparticipation ph	ysical eval	uation. 1	The athlete doe	s not present ap	parent clinical contraindica	ations to practice and
participate	in the sport(s) as outlined	d above.	. A copy	of the physi	ical exam is on red	cord in my	office ar	nd can be made	available to th	e school at the request of th	ne parents. If condi-
cons arise explained t	arter the athle to the athlete (and parents	ı cıearec s/quardi	i tor pa ians).	rucipation, t	ne pnysician may	rescind the	ciearar	ice until the pro	opiem is resolve	ed and the potential consequ	uences are completely
· · · · · · · · · · · · · · · · · · ·												
Name of ph	ysician (print/ty	/pe)									D	ate
Address		S-10-10-10-10-10-10-10-10-10-10-10-10-10-									Phone	

Date of birth _____

PREPARTICIPATION PHYSICAL EVALUATION CLEARANCE FORM

Name Sex D M D	F Age Date of birth
☐ Cleared for all sports without restriction	
$\ \square$ Cleared for all sports without restriction with recommendations for further evaluation or treatment $\ \square$	nent for
Not cleared	
□ Pending further evaluation□ For any sports	
For certain sports	
ReasonRecommendations	
Tool Microbial Control of the Contro	
I have examined the above-named student and completed the preparticipation phelinical contraindications to practice and participate in the sport(s) as outlined about and can be made available to the school at the request of the parents. If condition the physician may rescind the clearance until the problem is resolved and the potental parents/guardians).	pove. A copy of the physical exam is on record in my office as arise after the athlete has been cleared for participation,
Name of physician (print/type)	Date
Address	
Signature of physician	, MD or DO
EMERGENCY INFORMATION	
Allergies	
Other information	

DOUGLAS COUNTY SCHOOL SYSTEM CONDUCT AGREEMENT FOR ATHLETIC PARTICIPATION

Participation in athletic activities is a *privilege* in schools and *not a property right*. It is to be understood by all students, parents/guardians, and coaches that the top priority is academic progress. Everyone involved in these activities will make every effort not to interfere with that ultimate goal. The purpose of this Athlete Conduct Agreement is to establish minimum standards of behavior. Therefore, *coaches and/or administrators may establish rules and consequences that are more severe than those stated below*. Team rules must be approved by the administration of each school. As a precondition to participate in GHSA governed athletics, the student and his/her parent/guardian agree that the following rules will apply:

VIOLATIONS and CONSEQUENCES (Violations are cumulative throughout a student's 9th-12th grade educational career)

	VIOLATION	CONSEQUENCES
A.	Violation of school rules resulting in In-School Suspension (ISS) or Out-of-School Suspension (OSS) during the season.	The student may resume participation when: 1. The student is released from ISS; or 2. The student returns to school on the next school day upon completion of OSS.
В.	Violation of school rules resulting in assignment to alternative school	Dismissed from athletics while attending alternative school.
C.	Student has been criminally charged with a misdemeanor, regardless of location or time, so long as such charges are pending or conviction is had. *	1 st Offense –School administration and the coach will meet with the student and parent/guardian and discuss consequences determined by the school, which may include suspension from athletic participation. 2 nd Offense – Suspension from athletic participation for 25 calendar days and a minimum of 10% of competition dates beginning with the date of the charges. 3 rd Offense – Suspension of 1 calendar year from athletic participation beginning with the date of the charges. 4 th Offense – Permanent suspension from athletic participation
D.	Student found to have been in possession of, or criminally charged with, the use/possession of alcohol, illegal drugs, unauthorized use/possession of prescription drugs or other behavior altering substances.*	1 st Offense – Suspension from athletic participation for 25 calendar days and a minimum of 10% of competition dates beginning with the date student is found to be in possession or charged. 2 nd Offense – Suspension of 1 calendar year from athletic participation beginning with the date student is found to be in possession or charged. 3 rd Offense – Permanent suspension from athletic participation.
E.	Student has unresolved felony charges or felony conviction.*	1 st Offense – Suspension for 1 calendar year from athletic participation beginning with the date of arrest. 2 nd Offense – Permanent suspension from athletic participation.
F.	practice unless excused, truancy or skipping classes, action school, any act at school or away from school which result	ts in any discipline by school administration, or any act at incipal reflects in a negative manner on the school or athletic

filf out of season, consequences will begin on the GHSA start date for the next season with which the student is affiliated

NOTE: Parent/guardian must report any criminal charge or arrest of the student and related details to school athletic director or coach within 1 week of the charge or arrest, even during school breaks. Failure to do so may result in the student being suspended from athletic participation for (1) calendar year.

APPEAL PROCEDURE- Any student and/or parent/guardian wishing to appeal an athletic suspension must submit in writing through the Principal to the Assistant Director-Student Support/Athletics the reason(s) why he/she should not be disciplined. This request will then be forwarded to the members of the review committee for their consideration. The review committee will consist of the Douglas County School System Assistant Director-Student Support/Athletics and two (2) system level administrators. Parent/guardian will be given a written statement on the decision of the committee.

Student's Signature:	Date:	Parent/Guardian Signature:	Date:
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Revised: 10/16/2012

DOUGLAS COUNTY SCHOOL SYSTEM CONDUCT AGREEMENT FOR ATHLETIC PARTICIPATION

Participation in athletic activities is a *privilege* in schools and *not* a *property right*. It is to be understood by all students, parents/guardians, and coaches that the top priority is academic progress. Everyone involved in these activities will make every effort not to interfere with that ultimate goal. The purpose of this Athlete Conduct Agreement is to establish minimum standards of behavior. Therefore, *coaches and/or administrators may establish rules and consequences that are more severe than those stated below*. Team rules must be approved by the administration of each school. As a precondition to participate in DCSS Middle School governed athletics, the student and his/her parent/guardian agree that the following rules will apply:

VIOLATIONS and CONSEQUENCES (Violations are cumulative throughout a student's 7th and 8th grade educational career)

	VIOLATION	CONSEQUENCES
Α.	Violation of school rules resulting in In-School Suspension (ISS) or Out-of-School Suspension (OSS) during the season.	The student may resume participation when: 1. The student is released from ISS; or 2. The student returns to school on the next school day upon completion of OSS.
В.	Violation of school rules resulting in assignment to alternative school	Dismissed from athletics while attending alternative school.
C.	Student has been criminally charged with a misdemeanor, regardless of location or time, so long as such charges are pending or conviction is had. *	1 st Offense –School administration and the coach will meet with the student and parent/guardian and discuss consequences determined by the school, which may include suspension from athletic participation. 2 nd Offense – Suspension from athletic participation beginning with the date of the charges. Track, Football, Football Cheerleading, Soccer one game. Basketball, Basketball Cheerleading, Softball two games. 3 rd Offense – Suspension of 1 calendar year in middle school from athletic participation beginning with the date of the charges. 4 th Offense – Permanent suspension from athletic participation
D.	Student found to have been in possession of, or criminally charged with, the use/possession of alcohol, illegal drugs, unauthorized use/possession of prescription drugs or other behavior altering substances.*	1 st Offense – Suspension from athletic beginning with the date student is found to be in possession or charged. Track, Football Football Cheerleading, Soccer one game. Basketball, Basketball Cheerleading, Softball two games. 2 nd Offense – Suspension of 1 calendar year in middle school. from athletic participation beginning with the date student is foun to be in possession or charged. 3 rd Offense – Permanent suspension from athletic participation.
E.	Student has unresolved felony charges or felony conviction.*	1 st Offense – Suspension for 1 calendar year in middle school. from athletic participation beginning with the date of arrest. 2 nd Offense – Permanent suspension from athletic participation.
F.	practice unless excused, truancy or skipping classes, acti school, any act at school or away from school which resul	I be suspended or permanently dismissed from a team: missin ng in an unsportsmanlike manner when representing the ts in any discipline by school administration, or any act at incipal reflects in a negative manner on the school or athletic

^{*} If out of season, consequences will begin on the next competition date with which the student is affiliated.

NOTE: Parent/guardian must report any criminal charge or arrest of the student and related details to school athletic director or coach within 1 week of the charge or arrest, even during school breaks. Failure to do so may result in the student being suspended from athletic participation for (1) calendar year in middle school.

Student's Signature:	Date:	Parent/Guardian Signature:	Date:

Revised: 02/21/2014

Georgia High School Association Student/Parent Concussion Awareness Form

ved a great deal of attention and a st	ate law has been passed to address this issue.
e to the effects of concussion. Once co	nsidered little more than a minor "ding" to the
has the potential to result in death, or	changes in brain function (either short-term or
results in a temporary disruption of no	ormal brain function. A concussion occurs when
	It of a blow to the head or body. Continued
ion can lead to worsening concussion	symptoms, as well as increased risk for further
_	
crucial – that is the reason for this doc	ument. Refer to it regularly. This form must be
nt who wishes to participate in GHSA a	thletics. One copy needs to be returned to the
	, , , , , , , , , , , , , , , , , , , ,
SSION	
noves clumsily, reduced energy level/tire	edness
,,	
sounds	
	and the state of t
entrating, slowed thought processes, co	ntused about surroundings or game
l personality	
es not occur in all concussion episodes.)
ce or contest and shall not return to place or contest and shall not return to place or contest and shall not return to place or the supervision of a licensed physeceived training in concussion evaluation a practice on the same day that a contact of the contest and the contest of the contes	ay until an appropriate health care professional re professional may include licensed physician ician, such as a nurse practitioner, physician
	High School
etic physical form and other o	accompanying forms required by the
Sc	hool System.
AND THE FACTS PRESENTED IN IT.	
Student Name (Signed)	 Date
Parent Name (Sianed)	 Date
	the to the effects of concussion. Once con has the potential to result in death, or the results in a temporary disruption of not a cresults in a temporary disruption of not a cresult in a temporary disruption of a crucial – that is the reason for this document who wishes to participate in GHSA a crucial – that is the reason for this document who wishes to participate in GHSA a crucial – that is the reason for this document who wishes to participate in GHSA a crucial – that is the reason for this document who wishes to participate in GHSA a crucial for a practice, and thought processes, conditions and the context and shall not return to play received training in concussion evaluation of a licensed physical for a practice on the same day that a context and practice on the same day that a context and the context and made and the context and the context and made and the context and the context and shall not return to the other sports that my children will represent myself and my children will represent form and other context.

(Revised: 7/15)

DOUGLAS COUNTY SCHOOL SYSTEM

Consent to Participation – Student Drug Testing

I understand that submission to testing for the presence of drugs and alcohol is a condition of participation in privileged activities in the Douglas County School System. I further understand that if I refuse to take the test, fail to report for the test, or if the test establishes a violation of the drug testing policy, I will be subject to consequences as set forth by the drug testing policy.

By signing and dating this form, I consent to take an initial drug test, if required, and be randomly tested throughout the school year. The initial drug test, when required, is to be completed prior to the start of the privileged activity. The random testing will be done monthly throughout the school year. The selection process for random drug testing will be performed by the contracting body with the participating students being notified on the day they are to report for testing.

I hereby consent to the administration of drug tests and to the conditions listed in this consent and the accompanying general prohibitions and procedures as outlined in Policy JCDAB-R/JCDAC-R,JCDAB-R(1) of the Douglas County School System Policy Manual.

I understand that unless my parent or guardian contacts the Drug Testing Administrator after the first year, and makes a formal request to remove my name and student ID number from the testing pool, my name will automatically be re-entered into the testing pool each year.

Participating Student's Name:		
Date:	Signature:	
Parent/Guardian's Name:		
Date:	Signature:	